



Global Training Centre

101, Lockhurst Lane, Coventry, CV6 5SF

Course Name	Level 2 Award in Promoting Food Safety and Nutrition in Health and Social Care or Early Years in Childcare Settings
Qualification achieved	TQUK Level 2 Award in Promoting Food Safety and Nutrition in Health and Social Care or Early Years in Childcare Settings 601/7427/4

Course Structure
<p>This course is completed partially as a distance learning qualification by:</p> <ul style="list-style-type: none">• Individual research at home under the guidance of your personal assessor• Telephone assessment appointments to discuss your evidence and/or submitting written evidence to your assessor <p>There are no exams required to achieve the qualification</p>
Course Duration
<p>This course can be completed in as little as 3 weeks. Average learning time is 58 hours. This course has a limit of 3 months to complete from enrolment date.</p>
Costs
<p>This course is fully funded, but there is an initial registration enrolment fee of £25, usually paid by your employer.</p>
Who can enrol for this course?
<p>Must be aged 16+. The purpose of the qualification is to develop the knowledge and skills required to work with food in health and social care, early years and childcare settings. Food safety requirements are included as well as developing skills in contributing to and/or promoting nutrition and hydration to enable learners to support individuals to eat and drink</p>
Entry requirements
<p>There are no specific entry requirements however learners should have a minimum of level 1 in literacy and numeracy or equivalent.</p>
Who is this course suitable for?
<p>This course is designed for</p> <ul style="list-style-type: none">• Health care workers• It is suitable for learners who are employed in the sector who may be preparing for a new role or are working in a role that involves handling food safely and supporting an individual with nutrition and hydration needs.• The qualification includes assessment in the workplace therefore learners must either be employed in a suitable job role, on a work placement or volunteering.
Certification
<p>Upon successful completion of this course you will be issued with a free online copy of your certificate. Candidates wishing to have a hard copy certificate will be charged £75 less the cost of your initial registration enrolment fee.</p>

What will I learn by taking this course

Learners must achieve at least eight credits; four credits from the mandatory units and at least four credits from the optional units

This course has 2 mandatory units

- Meet food safety requirements when providing food and drink for individuals
- Support individuals to eat and drink

Optional Units

- Contribute to promoting nutrition and hydration in early years and childcare settings
- Contribute to Promoting Nutrition and Hydration in Health and Social Care Settings
- Promote nutrition and hydration in early years and childcare settings
- Promote nutrition and hydration in health and social care settings

The benefits of taking this course will provide you with the knowledge and understanding of

- Understand the importance of food safety measures when providing food and drink for individuals.
- Be able to maintain hygiene when handling food and drink
- Be able to meet safety requirements when preparing and serving food and drink for individuals.
- Be able to store food and drink safely
- Be able to meet safety requirements when clearing away food and drink.
- Know how to access additional advice or support about food safety.
- Be able to support individuals to make choices about food and drink.
- Be able to prepare to provide support for eating and drinking.
- Be able to provide support for eating and drinking.
- Be able to clear away after food and drink
- Be able to monitor eating and drinking and the support provided.
- Understand what makes up a balanced diet
- Understand nutritional guidelines
- Be able to promote nutrition in health and social care settings
- Be able to promote hydration in health and social care settings
- Understand how to prevent malnutrition in health and social care settings