



Global Training Centre

101, Lockhurst Lane, Coventry, CV6 5SF

Course Name	Level 2 Certificate in Principles of Care Planning
Qualification achieved	TQUK Level 2 Certificate in Principles of Care Planning (RQF) 603/2966/X

Course Structure
<p>This course is completed as a distance learning qualification by:</p> <ul style="list-style-type: none">• Individual research at home under the guidance of your personal assessor• Telephone assessment appointments to discuss your evidence and/or submitting written evidence to your assessor <p>There is no direct observation of you in practice required to achieve this qualification There are no exams required to achieve the qualification</p>
Course Duration
This course can be completed in as little as 3 weeks. Average learning time is 109 hours. This course has a limit of 3 months to complete from enrolment date.
Costs
This course is non funded and costs £200 to undertake. We are able to offer an instalment plan to those that require it but release of certification is not possible until the cost of the course is paid in full.
Who can enrol for this course?
Must be aged 18+. Anyone who is employed in the health care sector.
Entry Requirements
There are no specific entry requirements
Who is this course suitable for?
This course is designed for <ul style="list-style-type: none">• Health care workers
Certification
Upon successful completion of this course you will be issued with a hard copy of your certificate.

What will I learn by taking this course
This course has 6 mandatory units <ul style="list-style-type: none">• Principles of care planning for the care worker• Principles of nutrition and hydration in health and social care settings• Principles of person-centred thinking and planning• Principles of supporting an individual to maintain personal hygiene• Provide support for sleep• Understanding continence care

The benefits of taking this course will provide you with the knowledge and understanding of

You will have an understanding of the importance of care planning, how to complete care assessment needs of an individual, understanding risk assessments. You will gain understanding how to plan for personal care needs, continence assessments, nutrition and hydration needs of an individual within a care environment.

- Understand care planning and person-centred care planning processes.
- Know how to assess an individual's needs as part of the care planning process.
- Know how to mitigate risks associated with care planning
- Understand the roles of different individuals in the implementation of a care plan.
- Understand how to communicate the contents of a care plan to a care team
- Understand how to monitor the implementation of care plans.
- Understand how to evaluate care that is delivered against a care plan.
- Understand the concepts of person-centred thinking, planning and reviews.
- Understand person-centred thinking, planning in practice.
- Using data in the care planning process
- Understand the importance of good personal hygiene.
- Know how to encourage an individual to maintain personal hygiene.
- Know how to support an individual to maintain personal hygiene.
- Understand when poor hygiene may be an indicator of other underlying personal issues
- Understand the features of a balanced diet.
- Understand how to plan and promote a balanced diet in health and social care settings.
- Understand hydration.
- Understand how to prevent malnutrition.
- Understand screening and monitoring of nutrition and hydration.
- Understand how an individual's special dietary requirements can be met.
- Understand the importance of Sleep.
- Know how to establish conditions suitable for sleep.
- Be able to assist an individual to Sleep.
- Know how to access information and advice about difficulties with sleep.
- Understand the bodily functions associated with waste and incontinence.
- Understand how to support continence in individuals.
- Know how to respect an individual's dignity whilst providing incontinence care.
- Know how to monitor body waste.
- Know the types of assistance that can be used when providing continence care.
- Know how to handle body waste safely.