



Global Training Centre

101, Lockhurst Lane, Coventry, CV6 5SF

Course Name	Level 2 Certificate in Understanding Working in Mental Health
Qualification achieved	TQUK Level 2 Certificate in Understanding Working in Mental Health 601/5435/4

Course Structure
<p>This course is completed as a distance learning qualification by:</p> <ul style="list-style-type: none">• Individual research at home under the guidance of your personal assessor• Telephone assessment appointments to discuss your evidence and/or submitting written evidence to your assessor <p>There is no direct observation in practice required to achieve this qualification There are no exams required to achieve the qualification</p>
Course Duration
<p>This course can be completed in as little as 6 weeks. Average learning time is 120 hours. This course has a limit of 3 months to complete from enrolment date.</p>
Costs
<p>This course is fully funded, but there is an initial registration enrolment fee of £25, usually paid by your employer.</p>
Who can enrol for this course?
<p>Must be aged 16+. The qualification develops learner's knowledge and understanding relevant to working in mental health including duty of care, equality and diversity, different approaches to care and management and understanding change and support in relation to mental health. The qualification can also be used as part of development within learner's current job role within health and social care</p>
Entry requirements
<p>There are no specific entry requirements however learners should have a minimum of level 1 in literacy and numeracy or equivalent. It may be beneficial for learners to have completed a relevant level 1 qualification in health and social care but this is not mandatory.</p>
Who is this course suitable for?
<p>This course is designed for</p> <ul style="list-style-type: none">• care assistant• personal care assistant• adult social care relief team worker• night care assistant• support worker (supported living)• home care support worker• healthcare support service worker• clinical healthcare support worker• healthcare assistant• mental health support/outreach worker
Certification
<p>Upon successful completion of this course you will be issued with a free online copy of your certificate. Candidates wishing to have a hard copy certificate will be charged £75 less the cost of your initial registration enrolment fee.</p>

What will I learn by taking this course

This course has 5 mandatory units

- Approaches to care and management in mental health
- Introduction to duty of care in health, social care or children's and young peoples settings
- Mental Health and Mental Health Issues
- Understanding change and support in relation to mental health
- Valuing Equality and Diversity

The benefits of taking this course will provide you with the knowledge and understanding of

- Understand the concept of mental health
- Know common types of mental health problems and illnesses
- Know the legislation and guidance that applies to those with mental health problems
- Understand the implications of duty of care
- Understand support available for addressing dilemmas that may arise about duty of care
- Know how to respond to complaints
- Understand aspects of equality
- Understand aspects of diversity
- Understand aspects of discrimination
- Understand the key features of the care planning process
- Understand aspects of good practice in the care planning process
- Understand how mental health change occurs
- Understand the role of others in the individual's mental health change
- Know the treatment options available to manage mental health problems
- Know how to access information to support understanding of mental health issues