



# Global Training Centre

## 101, Lockhurst Lane, Coventry, CV6 5SF

Course Name	<b>Level 3 Certificate in Supporting Individuals with Learning Disabilities</b>
Qualification achieved	TQUK Level 3 Certificate in Supporting Individuals with Learning Difficulties (RQF) 601/7943/0

<b>Course Structure</b>
<p>This course is completed as a distance learning qualification by:</p> <ul style="list-style-type: none"><li>• Individual research at home under the guidance of your personal assessor</li><li>• Telephone assessment appointments to discuss your evidence and/or submitting written evidence to your assessor</li></ul> <p>There are no exams required to achieve the qualification</p>
<b>Course Duration</b>
<p>This course can be completed in as little as 6 weeks. Average learning time is 145 hours. This course has a limit of 3 months to complete from enrolment date.</p>
<b>Costs</b>
<p>This course is fully funded, but there is an initial registration enrolment fee of £25, usually paid by your employer.</p>
<b>Who can enrol for this course?</b>
<p>Must be aged 16+. Anyone who is employed in the health care sector. Anyone who works as a volunteer with learning disabilities. Anyone who works in health care sector but not necessarily working directly with individuals with learning disabilities (for example admin staff, receptionist, kitchen staff, housekeepers)</p>
<b>Entry Requirements</b>
<p>There are no specific entry requirements however learners should have a minimum of level two in literacy and numeracy or equivalent.</p>
<b>Who is this course suitable for?</b>
<p>This course is designed for</p> <ul style="list-style-type: none"><li>• already work in Health and Social care but are new to learning disability services</li><li>• work in learning disability services and want a short qualification for CPD</li><li>• have a job role not exclusively focused around supporting individuals with learning disabilities, but have some contact and wish to develop relevant skills and knowledge</li><li>• are community and volunteer carers whose role includes contact with individuals with learning disabilities</li><li>• have other roles such as employment support worker, dementia care adviser or palliative care professional and wish to develop their service to meet the needs of a wider range of service user</li></ul>
<b>Certification</b>
<p>Upon successful completion of this course you will be issued with a free online copy of your certificate. Candidates wishing to have a hard copy certificate will be charged £75 less the cost of your initial registration enrolment fee</p>

## What will I learn by taking this course

Learners must achieve a minimum of 23 credits: 12 credits from the mandatory units and a minimum of 11 credits from the optional units. At least 17 credits must be achieved at level 3.

### There are 3 Mandatory Units

- Understand the context of supporting individuals with learning disabilities
- Support person-centred thinking and planning
- Promote communication in health, social care or children's and young people's settings

### Optional Units

- Promote active support (Level 3, Credit Value 5)
- Understand positive risk taking for individuals with disabilities (Level 3, Credit Value 3)
- Principles of supporting individuals with a learning disability regarding sexuality and sexual health (Level 3, Credit Value 3)
- Support individuals with a learning disability to access healthcare (Level 3, Credit Value 3)
- Understand how to support individuals with autistic spectrum conditions (Level 3, Credit Value 3)
- Support young people with a disability to make the transition into adulthood (Level 3, Credit Value 5)
- Principles of supporting young people with a disability to make the transition into adulthood (Level 3, Credit Value 3)
- Support parents with disabilities (Level 3, Credit Value 6)
- Support individuals with self-directed support (Level 3, Credit Value 5)
- Principles of self-directed support (Level 3, Credit Value 3)
- Maintaining the Independent Advocacy relationship (Level 3, Credit Value 6)
- Purpose and principles of Independent Advocacy (Level 3, Credit Value 4)
- Providing Independent Advocacy support (Level 3, Credit Value 6)
- Understand mental well-being and mental health promotion (Level 3, Credit Value 3)
- Understand mental health problems (Level 3, Credit Value 3)
- Understand the process and experience of dementia (Level 3, Credit Value 3)
- Understand the diversity of individuals with dementia and the importance of inclusion (Level 3, Credit Value 3)
- Provide support to maintain and develop skills for everyday life (Level 3, Credit Value 4)
- Facilitate learning and development activities to meet individual needs and preferences (Level 3, Credit Value 5)
- Prepare to support individuals within a shared lives arrangement (Level 3, Credit Value 4)
- Support individuals to access and use services and facilities (Level 3, Credit Value 4)
- Provide support for individuals within a shared lives arrangement (Level 3, Credit Value 5)
- Support individuals in their relationships (Level 3, Credit Value 4)
- Support individuals to manage their finances (Level 3, Credit Value 3)
- Support individuals to access housing and accommodation services (Level 3, Credit Value 4)
- Support Individuals with Specific Communication Needs (Level 3, Credit Value 5)
- Support individuals during a period of change (Level 3, Credit Value 4)
- Support individuals to prepare for and settle into new home environments (Level 3, Credit Value 3)
- Work in partnership with families to support individuals (Level 3, Credit Value 4)
- Promote positive behaviour (Level 3, Credit Value 6)
- Support families in maintaining relationships in their wider social structures (Level 3, Credit Value 4)
- Understand Physical Disability (Level 3, Credit Value 3)

- Support families who have a child with a disability (Level 3, Credit Value 3)
- Understand Sensory Loss (Level 3, Credit Value 3)
- Understand Models of Disability (Level 3, Credit Value 3)
- Support individuals with multiple conditions and/or disabilities (Level 3, Credit Value 4)
- Enable individuals to negotiate environments (Level 3, Credit Value 5)
- Support positive risk taking for individuals (Level 3, Credit Value 4)
- Principles of supporting an individual to maintain personal hygiene (Level 2, Credit Value 1)
- Support individuals to maintain personal hygiene (Level 2, Credit Value 2)
- Support individuals in the use of assistive technology (Level 4, Credit Value 4)
- Support individuals to access education, training or employment (Level 4, Credit Value 4)
- Enable individuals with behavioural difficulties to develop strategies to change their behaviour (Level 3, Credit Value 8)
- Implement the positive behavioural support model (Level 3, Credit Value 8)

The benefits of taking this course will provide you with the knowledge and understanding of

- Understand the legislation and policies that support the human rights and inclusion of individuals with learning disabilities
- Understand the nature and characteristics of learning disability
- Understand the historical context of learning disability
- Understand the basic principles and practice of advocacy, empowerment and active participation in relation to supporting individuals with learning disabilities and their families
- Understand how views and attitudes impact on the lives of individuals with learning disabilities and their family carers
- Know how to promote communication with individuals with learning disabilities
- Understand why effective communication is important in the work setting
- Be able to meet the communication and language needs, wishes and preferences of individuals
- Be able to overcome barriers to communication
- Be able to apply principles and practices relating to confidentiality
- Understand the principles and practice of person-centred thinking, planning and reviews
- Understand the context within which person-centred thinking and planning takes place.
- Understand own role in person-centred planning.
- Be able to apply person-centred planning in relation to own life.
- Be able to implement person-centred thinking, planning and reviews.