



# Global Training Centre

## 101, Lockhurst Lane, Coventry, CV6 5SF

Course Name	<b>Level 3 Certificate in Understanding Mental Health Care</b>
Qualification achieved	TQUK Level 3 Certificate in Understanding Mental Health Care 601/4647/3

<b>Course Structure</b>
<p>This course is completed as a distance learning qualification by:</p> <ul style="list-style-type: none"><li>• Individual research at home under the guidance of your personal assessor</li><li>• Telephone assessment appointments to discuss your evidence and/or submitting written evidence to your assessor</li></ul> <p>There is no direct observation in practice required to achieve this qualification There are no exams required to achieve the qualification</p>
<b>Course Duration</b>
<p>This course can be completed in as little as 6 weeks. Average learning time is 77 hours. This course has a limit of 3 months to complete from enrolment date.</p>
<b>Costs</b>
<p>This course is fully funded, but there is an initial registration enrolment fee of £25, usually paid by your employer.</p>
<b>Who can enrol for this course?</b>
<p>Must be aged 18+. The purpose of the TQUK Level 3 Certificate in Understanding Mental Health Care is to meet the needs of individuals who support people with mental health problems but who are not mental health professionals. Learners are likely to be in employment but as it is a knowledge-based qualification this is not essential.</p>
<b>Entry requirements</b>
<p>There are no specific entry requirements however learners should have a minimum of level 2 in literacy and numeracy or equivalent.</p>
<b>Who is this course suitable for?</b>
<p>This course is designed for</p> <ul style="list-style-type: none"><li>• care assistant</li><li>• personal care assistant</li><li>• adult social care relief team worker</li><li>• night care assistant</li><li>• support worker (supported living)</li><li>• home care support worker</li><li>• healthcare support service worker</li><li>• clinical healthcare support worker</li><li>• healthcare assistant</li><li>• mental health support/outreach worker</li><li>• Anyone with pending employment or looking to make a career move into the Mental Health sector</li></ul>
<b>Certification</b>
<p>Upon successful completion of this course you will be issued with a free online copy of your certificate. Candidates wishing to have a hard copy certificate will be charged £75 less the cost of your initial registration enrolment fee</p>

What will I learn by taking this course

**This course has 6 mandatory units**

- Principles for implementing duty of care in health, social care or children's and young people's settings
- Understand care and support planning and risk management in mental health
- Understand mental health interventions
- Understand mental health problems
- Understand mental well-being and mental health promotion
- Understand the legal, policy and service framework in mental health

The benefits of taking this course will provide you with the knowledge and understanding of

- Understand how duty of care contributes to safe practice
- Know how to address conflicts or dilemmas that may arise between an individual's rights and the duty of care
- Know how to respond to complaints
- Understand the different views on the nature of mental well-being and mental health and the factors that may influence both across the life span
- Know how to implement an effective strategy for promoting mental well-being and mental health with individuals and groups
- Know the main forms of mental ill health
- Know the impact of mental ill health on individuals and others in their social network
- Understand the needs of people with mental health problems
- Understand the strengths and limitations of the main interventions in mental health
- Know the key principles and factors that underpin the choice of mental health interventions
- Know the legal and current policy framework for mental health
- Know the service framework for mental health
- Understand the rights of individuals using services and of those who give informal support
- Understand how to work within the care and support planning process
- Understand how to work within a risk management process