



# Global Training Centre

## 101, Lockhurst Lane, Coventry, CV6 5SF

Course Name	<b>Level 3 Diploma in Adult Care</b>
Qualification achieved	TQUK Level 3 Diploma in Adult Care RQF 603/2553/7

<b>Course Structure</b>
<p>This course is completed partially as a distance learning qualification by:</p> <ul style="list-style-type: none"><li>• Individual research and evidence gathering at home under the guidance of your personal assessor</li><li>• Telephone assessment appointments to discuss your evidence and/or submitting written evidence to your assessor</li></ul> <p>An observation of you in practice is required to complete this qualification.</p> <p>There are no exams required to achieve the qualification</p>
<b>Course Duration</b>
<p>Depending on the units taken the average learning time is approximately 486 hours but many learners do complete in less time than that. We find most learners can complete this programme within a 9-12month timescale. This course has a limit of 12 months to complete from enrolment date.</p>
<b>Costs</b>
<p>This course is fully funded, but there is an initial registration enrolment fee of £25, usually paid by your employer.</p>
<b>Who can enrol for this course?</b>
<p>Must be aged 17+. As this qualification requires observation of the learner in practice, learners must be in a job role appropriate to the chosen units.</p>
<b>Entry requirements</b>
<p>There are no specific entry requirements however learners should have a minimum of level 2 in literacy and numeracy or equivalent.</p>
<b>Who is this course suitable for?</b>
<p>This course is designed for</p> <ul style="list-style-type: none"><li>• Health and social care workers who are looking to advance their knowledge and skills having already been in their role for a while.</li><li>• The qualification can be undertaken alone but links with the knowledge and skills required for the Standard Lead Adult Care Worker.</li><li>• It is applicable to a variety of job roles including below lead adult care worker and lead personal assistant.</li><li>• The qualification develops the knowledge, skills and competence of learners working in a wide range of roles in a health and social care setting. Learners must be in paid or voluntary work to enable assessment to take place. The purpose of the qualification is to support a role in the workplace and to enable learners to progress to a higher level qualification in the same subject area.</li></ul>

## Certification

Upon successful completion of this course you will be issued with a free online copy of your certificate. Candidates wishing to have a hard copy certificate will be charged £75 less the cost of your initial registration enrolment fee

## What will I learn by taking this course

Learners must achieve all the mandatory units and optional units to a minimum of 58 credits in total. More than 50% of the credit must be at level 3 or above (i.e. 30 credits)

### There are 9 Mandatory Units

- Duty of care in care settings (Level 3, Credit value 1)
- Promote communication in care settings (Level 3, Credit Value 3)
- Promote effective handling of information in care settings (Level 3, Credit Value 2)
- Promote equality and inclusion in care settings (Level 3, Credit Value 2)
- Promote health, safety and wellbeing in care settings (Level 3, Credit Value 6)
- Promote person-centred approaches in care settings (Level 3, Credit Value 6)
- Promote personal development in care settings (Level 3, Credit Value 3)
- Responsibilities of a care worker (Level 2, Credit Value 2)
- Safeguarding and protection in care settings (Level 2, Credit Value 3)

### Optional Group B Units

- Administer medication to individuals and monitor the effects (Level 3, Credit Value 5)
- Awareness of the Mental Capacity Act 2005 (Level 3, Credit Value 3)
- Carry out initial assessments to identify and prioritise the needs of substance misusers (Level 3, Credit Value 5)
- Causes and spread of infection (Level 2, Credit Value 2)
- Cleaning, decontamination, and waste management (Level 2, Credit Value 2)
- Collaborate in the assessment of environmental and social support in the community (Level 3, Credit Value 4)
- Contribute to effective team working in health and social care or children and young people's settings (Level 3, Credit Value 4)
- Contribute to maintaining quality in adult care (Level 3, Credit Value 3)
- Coordination of activity provision in adult care (Level 3, Credit Value 4)
- Dementia Awareness (Level 2, Credit Value 2)
- Diabetes awareness (Level 3, Credit Value 6)
- Enable individuals to negotiate environments (Level 3, Credit Value 4)
- Enable individuals with behavioural difficulties to develop strategies to change their behaviour (Level 3, Credit Value 8)
- Enable rights and choices of individuals with dementia whilst minimising risks (Level 3, Credit Value 4)
- End of life and dementia care (Level 3, Credit Value 2)
- Equality, diversity, and inclusion in dementia care practice (Level 3, Credit Value 4)
- Facilitate learning and development activities to meet individual needs and preferences (Level 3, Credit Value 5)
- Facilitate person centred assessment, planning, implementation, and review (Level 3, Credit Value 6)
- Facilitate the development of effective group practice in health and social care or children and young people's settings (Level 5, Credit Value 6)
- Identify and act upon immediate risk of danger to substance misusers (Level 3, Credit Value 4)
- Identify the physical health needs of individuals with mental health needs and plan appropriate actions (Level 4 Credit Value 5)

- Implement positive behaviour support (Level 3, Credit Value 6)
- Implement the positive behavioural support model (Level 4, Credit Value 8)
- Implement therapeutic group activities (Level 3, Credit Value 4)
- Lead learning and development in adult care services (Level 4, Credit Value 4)
- Management of pain and discomfort (Level 3, Credit Value 3)
- Managing symptoms in end of life care (Level 3, Credit Value 4)
- Move and position individuals in accordance with their care plan (Level 2, Credit Value 4)
- Prepare environments and resources for use during healthcare activities (Level 2, Credit Value 3)
- Principles of supporting an individual to maintain personal hygiene (Level 1, Credit Value 1)
- Principles of supporting individuals with a learning disability regarding sexuality and sexual health (Level 3, Credit Value 3)
- Principles of supporting young people with a disability to make the transition into adulthood (Level 3, Credit Value 3)
- Promote active support (Level 3, Credit Value 5)
- Promote effective communication with individuals with sensory loss (Level 3, Credit Value 4)
- Promote nutrition and hydration in health and social care settings (Level 3, Credit Value 4)
- Promote positive behaviour (Level 3, Credit Value 6)
- Promote the management of continence (Level 3, Credit Value 4)
- Promotion of mental well-being and mental health (Level 3, Credit Value 3)
- Provide agreed support for foot care (Level 2, Credit Value 3)
- Provide support for mobility (Level 2, Credit Value 2)
- Provide support for sleep (Level 2, Credit Value 2)
- Provide support to adults who have experienced harm or abuse (Level 4, Credit Value 5)
- Provide support to individuals to continue recommended therapies (Level 3, Credit Value 3)
- Provide support to individuals with dementia (Level 3, Credit Value 4)
- Provide support to maintain and develop skills for everyday life (Level 3, Credit Value 4)
- Provide support to manage pain and discomfort (Level 2, Credit Value 2)
- Recognise indications of substance misuse and refer individuals to specialists (Level 3, Credit Value 4)
- Stroke awareness (Level 2, Credit Value 3)
- Stroke care management (Level 3, Credit Value 4)
- Support families who are affected by Acquired Brain Injury (Level 3, Credit Value 3)
- Support independence in the tasks of daily living (Level 3, Credit Value 5)
- Support individuals affected by Parkinson's (Level 3, Credit Value 3)
- Support individuals at the end of life (Level 3, Credit Value 6)
- Support individuals during a period of change (Level 3, Credit Value 4)
- Support individuals during the last days of life (Level 4, Credit Value 5)
- Support individuals to access and manage direct payments (Level 4, Credit Value 4)
- Support individuals to access and use services and facilities (Level 3, Credit Value 4)
- Support individuals to access housing and accommodation services (Level 3, Credit Value 4)
- Support individuals to be part of a community (Level 3, Credit Value 3)
- Support individuals to live at home (Level 3, Credit Value 4)
- Support individuals to maintain personal hygiene (Level 2, Credit Value 2)
- Support individuals to meet personal care needs (Level 2, Credit Value 2)
- Support individuals to stay safe from harm and abuse (Level 3, Credit Value 4)
- Support individuals who are bereaved (Level 3, Credit Value 4)
- Support individuals who are distressed (Level 3, Credit Value 3)
- Support individuals who are substance users (Level 3, Credit Value 7)
- Support individuals with autistic spectrum conditions (Level 3, Credit Value 4)
- Support individuals with multiple conditions and/or disabilities (Level 3, Credit Value 4)
- Support individuals with specific communication needs (Level 3, Credit Value 5)
- Support people who are providing homes to individuals (Level 4, Credit Value 6)
- Support person-centred thinking and planning (Level 3, Credit Value 5)

- Support positive risk taking for individuals (Level 3, Credit Value 4)
- Support the assessment of individuals with sensory loss (Level 3, Credit Value 3)
- Support the promotion of awareness of sensory loss (Level 3, Credit Value 3)
- Support the spiritual wellbeing of individuals (Level 3, Credit Value 3)
- Support use of medication in social care settings (Level 3, Credit Value 5)
- Supporting individuals with loss and grief before death (Level 3, Credit Value 2)
- Supporting infection prevention and control in social care (Level 3, Credit Value 2)
- The principles of infection prevention and control (Level 2, Credit Value 3)
- Understand advance care planning (Level 3, Credit Value 3)
- Understand and enable interaction and communication with individuals who have dementia (Level 3, Credit Value 4)
- Understand and meet the nutritional requirements of individuals with dementia (Level 3, Credit Value 3)
- Understand end of life care (Level 3, Credit Value 7)
- Understand how to provide support when working in end of life care (Level 3, Credit Value 4)
- Understand how to support individuals during the last days of life (Level 3, Credit Value 3)
- Understand how to support individuals to engage in education, training and employment (Level 3, Credit Value 3)
- Understand how to support individuals with autistic spectrum conditions (Level 3, Credit Value 3)
- Understand mental health problems (Level 3, Credit Value 3)
- Understand mental well-being and mental health promotion (Level 3, Credit Value 3)
- Understand models of disability (Level 3, Credit Value 3)
- Understand physical disability (Level 3, Credit Value 3)
- Understand positive risk taking for individuals with disabilities (Level 3, Credit Value 3)
- Understand sensory loss (Level 3, Credit Value 3)
- Understand the administration of medication (Level 3, Credit Value 3)
- Understand the administration of medication to individuals with dementia using a person centred approach (Level 3, Credit Value 2)
- Understand the context of supporting individuals with learning disabilities (Level 3, Credit Value 4)
- Understand the diversity of individuals with dementia and the importance of inclusion (Level 3, Credit Value 3)
- Understand the effects of ageing in activity provision (Level 3, Credit Value 2)
- Understand the factors affecting older people (Level 3, Credit Value 2)
- Understand the impact of Acquired Brain Injury on individuals (Level 3, Credit Value 3)
- Understand the process and experience of dementia (Level 3, Credit Value 3)
- Understand the role of communication and interactions with individuals who have dementia (Level 3, Credit Value 3)
- Understanding and enabling assisting and moving individuals (Level 2, Credit Value 4)
- Undertake agreed pressure area care (Level 2, Credit Value 4)
- Undertake personal hygiene activities with individuals (Level 2, Credit Value 3)
- Work in partnership with families to support individuals (Level 3, Credit Value 3)
- Work with families, carers and individuals during times of crisis (Level 4, Credit Value 5)