



# Global Training Centre

## 101, Lockhurst Lane, Coventry, CV6 5SF

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| Course Name            | <b>Level 2 Certificate in Assisting and Moving Individuals for Social Care Settings</b>          |
| Qualification achieved | TQUK Level 2 Certificate in Assisting and Moving Individuals for Social Care Settings 601/7428/6 |

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| <b>Course Structure</b>   |
| <p>This course is completed as a distance learning qualification by:</p> <ul style="list-style-type: none"><li>• Individual research at home under the guidance of your personal assessor</li><li>• Telephone assessment appointments to discuss your evidence and/or submitting written evidence to your assessor</li></ul> <p><b>Learners will need to be working, volunteering or on practical placement as they need to show competence in both knowledge and skills.</b></p> <p>There are no exams required to achieve the qualification</p>   |
| <b>Course Duration</b>  |
| This course can be completed in as little as 3 weeks. Average learning time is 140 hours. This course has a limit of 3 months to complete from enrolment date.  |
| <b>Costs</b>  |
| This course is fully funded, but there is an initial registration enrolment fee of £25, usually paid by your employer.  |
| <b>Who can enrol for this course?</b>   |
| <ul style="list-style-type: none"><li>• Must be aged 16+. The purpose of the qualification is to provide continuous professional development which contributes to employer's responsibilities for the health and safety of their employees. It helps to meet legal requirements that employees are competent to perform their tasks.</li></ul>  |
| <b>Entry requirements</b>   |
| There are no specific entry requirements however learners should have a minimum of level 1 in literacy and numeracy or equivalent.  |
| <b>Who is this course suitable for?</b>   |
| <p>This course is designed for</p> <ul style="list-style-type: none"><li>• Health care workers</li><li>• Health care workers who require a short course CPD</li><li>• The qualification is listed by Skills for Care as CPD which supplements employers existing responsibilities for specific duties in accordance with The Management of Health and Safety at Work Regulations 1999 and The Manual Handling Operations Regulations 1992, (amended 2004). The aim is to develop learner's knowledge and competence to carry out risk assessments to reduce risk and to carry out moving and handling tasks safely</li><li>• Update knowledge and/or skills relating to legal, technical, process or best practice changes/requirements</li></ul> |
| <b>Certification</b>  |
| Upon successful completion of this course you will be issued with a free online copy of your certificate. Candidates wishing to have a hard copy certificate will be charged £75 less the cost of your initial registration enrolment fee   |

### What will I learn by taking this course

Learners must achieve a minimum of 14 credits: 10 credits from the Mandatory units and at least 4 credits from the Optional units

#### **Mandatory Units**

- Moving Inanimate Loads
- Select and Use Appropriate Strategies and Equipment When Assisting and Moving Individuals
- Select and Use Appropriate Techniques and Equipment When Dealing With Falls
- Understanding and Enabling Assisting and Moving Individuals

#### **Optional Units**

- Causes and Spread of Infection (Credit Value 2)
- Cleaning, Decontamination and Waste Management (Credit Value 2)
- Contribute to health and safety in health and social care (Credit Value 4)
- Dementia Awareness (Credit Value 2)
- Introductory awareness of sensory loss (Credit Value 2)
- Move and position individuals in accordance with their plan of care (Credit Value 4)
- Principles of positive risk taking for individuals with disabilities (Credit Value 2)
- Principles of safeguarding and protection in health and social care (Credit Value 3)
- Provide support for mobility (Credit Value 2)
- Provide support for therapy sessions (Credit Value 2)
- The principles of Infection Prevention and Control (Credit Value 3)
- Understand mental health problems (Credit Value 3)
- Understand Physical Disability (Credit Value 2)
- Understand the context of supporting individuals with learning disabilities (Credit Value 4)
- Understanding Assisting and Moving Individuals (Credit Value 2)

### The benefits of taking this course will provide you with the knowledge and understanding of

- Understand the key concepts of manual handling in relation to assisting and moving individuals.
- Understanding of the legalisation and regulations
- Understand the impact of assisting and moving for workers and individuals.
- Understand the role of workers and others in relation to assisting and moving.
- Be able to prepare an environment before assisting and moving an individual.
- Be able to support the individual to prepare before assisting and moving.
- Be able to assist and move an individual in accordance with the individual's risk assessment and care plan.
- Be able to report and record changes that may affect the individual's care and support plan for assisting and moving.
- Be able to assist appropriately an individual who is falling.
- Be able to assist appropriately an individual who has fallen.
- Be able to maintain and update records which relate to assisting and moving falling/fallen individuals.
- Be able to assist the individual to sit, stand and walk safely.
- Be able to apply safe handling practices to assist individuals to move in and around their bed.
- Be able to apply safe handling practices to assist the transfer of individuals.
- Understand the importance of maintaining and updating records which relate to moving and assisting individuals.
- Understand the impact on workers and others of moving inanimate loads.
- Understand the key concepts of manual handling in relation to moving inanimate loads.
- Understand the requirements for preparing the environment prior to moving inanimate loads.
- Be able to safely handle and store inanimate loads